

Prerna Arora, Ph.D., M.A., M.Ed.

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ACADEMIC APPOINTMENTS

Sept 2014 - present **Assistant Professor**
Department of Psychology, School-Child Clinical Psychology
Doctoral Program
Pace University

Aug 2014 – present **Visiting Assistant Professor**
Department of Psychiatry, School of Medicine
University of Maryland

EDUCATION

Aug 2012- July 2014 **Postdoctoral Fellowship**
University of Maryland, School of Medicine, Center for School
Mental Health
(Advisor: Sharon H. Stephan, Ph.D.)

Aug 2012 **Doctor of Philosophy in School Psychology** (APA Accredited)
The University of Texas at Austin, Dept of Educational
Psychology
*Dissertation: Mechanisms of Change in Cognitive Behavioral
Therapy for Depressed Early Adolescent Females: Mediating
Effects of Cognitive, Behavioral, Problem Solving, and Relational
Components of the school-based ACTION Treatment for
Depression*
(Dissertation Co-Chairs: Kevin Stark, Ph.D. & Cindy Carlson, Ph.D.)

July 2012 **Predoctoral Clinical Child Psychology Internship** (APA
Accredited)
The Children's Hospital of Philadelphia
Specialization in Clinical/Community/School Psychology
(Training Director/Supervisors: Paul Robins, Ph.D., Stephen S. Leff,
Ph.D., Stephen L. Soffer, Ph.D.)

July 2012 **Leadership Education in Neurodevelopmental and Related
Disabilities (LEND) Fellowship**
The Children's Hospital of Philadelphia
(Training Directors: Nathan Blum, M.D., Judy Silver, Ph.D.)

- Aug 2009 **Master of Arts in Educational Psychology**
The University of Texas at Austin
Master's Report Title: Mechanisms of Change in Cognitive Behavioral Therapy for Depressed Biethnic Preadolescent Females: The Effect of Group Cohesion on the Treatment of Depressive Symptoms
(Master's Thesis Chair: Kevin Stark, Ph.D.)
- May 2004 **Master of Education**, Dept of Curriculum and Instruction
Arizona State University, Tempe, AZ
Master's Report Title: The Need for Improved Sexuality Education in American Schools
- May 2002 **Bachelor of Science in Biology, Summa Cum Laude**
Minor: French
Arizona State University, Tempe, AZ

HONORS and AWARDS

- July 2015 APA Minority Fellowship Program Psychology Summer Institute
- June 2015 Pace University Kenan Funds for Faculty Development (\$1,200)
- May 2015 Pace University Faculty Summer Research Grant (\$750)
- Feb 2015 Society for the Study of School Psychology, School Psychology Research Collaboration Conference (\$400)
- Jan 2015 Recognition at APA Division Leadership Conference – Division 16 ECP Workgroup
- Sept 2014 APA Committee on Early Career Psychologists (ECP) Honorable Mention Poster – Division 16 ECP
- April 2014 APA Advanced Training Institute Travel Grant (\$500)
- Nov 2013 APA Division 16 Diversity Mentoring Program Mentee Award (\$100)
- May 2011 Society for the Study of School Psychology Dissertation Grant Award (\$1,500)
- Aug 2010 University Continuing Fellowship (\$26,000); Awarded for excellence in academics and research
- May 2010 Beeman Phillips Outstanding Researcher Award (\$1,000)
- April 2010 Texas Leadership Society, Selected Graduate Student Presenter
- 2008-2012 Professional Development Student Travel Award, Dept of Educational Psychology (\$600 each); awarded annually
- Aug 2006 Joseph L. Henderson and Katherine D. Henderson Foundation Student Scholarship (\$1,000)

GRANTS

- 2015 Principal Investigator: Prerna Arora, Ph.D. (\$3,000)
Pace University Internal Grant
Project: Cultural Adaptation of an Evidence-Based Intervention for Depressed Immigrant Adolescents

- 2014 Principal Investigator: Prerna Arora, Ph.D. (\$2,500)
Pace University Internal Grant
Project: Attitudes Toward Help Seeking Behaviors in Asian Youth in Schools
- 2013 Principal Investigator: Nancy Lever, PhD (\$537,142)
Graduate Psychology Education Grant
Health Resource and Services Administration
Project: The Interprofessional Training Program in Schools, Military and Recovering from Trauma (ITP-SMART).
Role: Project coordinator and co-evaluator.
- 2013 Principal Investigator: Prerna Arora, Ph.D. (\$1,000)
Johns Hopkins University, Center for Mental Health Services in Pediatric Primary Care
Project: Psychosocial Interventions in Pediatric Primary Care
- 2011 Principal Investigator: Prerna Arora, M.A. (\$1,500)
Society for the Study of School Psychology
Project: *Mechanisms of Change in Cognitive Behavioral Therapy for Depressed Preadolescent Females: Effects of Cognitive, Relational, Behavioral, and Problem Solving Interventions on Depressive Symptoms.*
- 2010 Principal Investigator: Cindy Carlson, Ph.D. (\$370,000)
Graduate Psychology Education Grant
Health Resource and Services Administration
Project: *Training in Integrative Health Care Services for Children, Adolescents, and Families.*
Role: Project coordinator.

REFEREED JOURNAL ARTICLES

- Arora, P.G.**, Connors, E.H, Biscardi, K., & Hill, A.M. (in press). School mental health professionals' training, comfort, and attitudes toward interprofessional collaboration with Pediatric Primary Care. *Advances in School Mental Health Promotion.*
- Arora, P.G.**, Metz, K., & Carlson, C. (in press). The relationship between stigma and health-seeking behaviors: An examination of South Asian students. *Journal of Multicultural Counseling and Development.*
- Arora, P.G.**, Kelly, J., & Goldstein, T.R. (in press). Current and future school psychologists' preparedness to work with LGBT students: Role of Education and Gay-Straight Alliances. *Psychology in the Schools.*
- Baker, C. N., Brown, S., Wilcox, P. D., Overstreet, S., & **Arora, P.G.** (2016). Measuring attitudes about trauma-informed care in schools: A psychometric study. *School Mental Health, 8*(1), 61-76.
- Morey, M., **Arora, P.G.**, & Stark, K.D. (2015). Multiple stage screening of youth depression in schools. *Psychology in the Schools, 52*(8), 800-814.

- Arora, P.G.**, Krumholz, L.K., Guerra, T., & Leff, S. (2015). Measuring community-based participatory research partnerships: The development of an assessment instrument. *Progress in Community Health Partnerships: Research, Education and Action*, 9(4), 549-560.
- Schultz, B.K., **Arora, P.G.**, & Mautone, J.A. (2015). Coaching to improve dissemination and implementation in school mental health. *School Mental Health*, 7(1): 1-5.
- Connors, E., **Arora, P.G.**, Curtis, L., & Stephan, S.H. (2014). Evidence based assessment in school mental health. *Cognitive & Behavioral Practice*, 22(1), 60-73.
- Stephan, S.H., Connors, E., **Arora, P.**, Brey, L. (2013). A learning collaborative approach to training school-based health providers in evidence-based mental health treatment. *Children and Youth Services Review*, 35(12): 1970-1978.
- Stark, K.D., Banneyer, K. N., Wang, L.A., **Arora, P.** (2012). Child and adolescent depression in the family. *Couple & Family Psychology: Research & Practice*, 1(3): 161-184.
- Duzinski, S. Lawson, K., Maxson, T., Calfa, N., Metz, K., Marroquin, Y., **Arora, P.**, Nguyen, K., Funk, C., Stark, K.D. (2012). The association between positive screen for future posttraumatic stress disorder and injury incident variables in the pediatric trauma care setting. *The Journal of Trauma*, 72(6): 1640-1646.
- Tharinger, D., Finn, S., **Arora, P.**, Judd-Glossy, L., Ihorn, S., & Wan, J. (2011). Therapeutic assessment with children: Intervening with parents “behind the mirror.” *Journal of Personality Assessment*, 94(2), 111-123.
- Stark, K.D., **Arora, P.**, & Funk, C. (2011). CBT for youth depression: Implications for training school psychologists to become cognitive behavioral therapists. *Psychology in the Schools*, 48(3), 272-282.
- Hamilton, A., Fowler, J., Hersh, B., Hall, C., Finn, S., Tharinger, D., Parton, V., Stahl, K. & **Arora, P.** (2009). “Why won’t my parents help me?”: Therapeutic assessment of a child and family. *Journal of Personality Assessment*, 91(2), 108-120.

BOOK CHAPTERS

- Arora, P.G.**, Bohnenkamp, J., Van Eck, K., & Brandt, N. Depression. (in press). In C.J. Schrek (Ed.), *Encyclopedia of Juvenile Delinquency and Justice*. New York, NY: Thompson Reuters.
- Van Eck, K., **Arora, P.G.**, Bohnenkamp, J., & Brandt, N. (in press). Comprehensive gang models. In C.J. Schrek (Ed.), *Encyclopedia of Juvenile Delinquency and Justice*. New York, NY: Thompson Reuters.
- Arora, P.G.** (2014). Cognitive Restructuring. In R. Flanagan (Ed.), *Cognitive Behavioral Therapy in Schools* (1st Edition). New York, NY: Springer Publishing.

Stark, K.D., Streusand, W., **Arora, P.** & Patel, P. (2011). Treatment of childhood depression: The ACTION treatment program. In P.C. Kendall (Ed.), *Child and adolescent therapy: Cognitive behavioral procedures* (4th Edition). New York, NY: Guilford Press.

TREATMENT MANUALS

Kendall, P.C., Stark, K.D., Martinsen, K., O'Neil, K., & **Arora, P.** (2013). EMOTION: Therapist Manual. (Translated into Norwegian.)

Kendall, P.C., Stark, K.D., Martinsen, K., O'Neil, K., & **Arora, P.** (2013). EMOTION: Group Leader Manual for Parents. (Translated into Norwegian.)

Under Review

Arora, P.G., Connors, E., Blizzard, A., Coble, K., Gloff, N., & Pruitt, D. Evaluation of a telehealth consultation program in pediatric primary care: Implications for training pediatric psychologists. Submitted to *Evaluation and Program Planning*.

Arora, P.G., Brown, J., Harris, B., & Sullivan, A. Professional development needs and training interests: A survey of early career school psychologists. Submitted to *Canadian Psychology*.

Arora, P.G., Baker, C.N., Krumholz, L.K. & Stark, K.D. Components analysis of a school-based cognitive-behavioral treatment for youth depression. Submitted to *the Journal of Clinical Child and Adolescent Psychology*.

Arora, P.G. & Wheeler, L. Contextual stressors and protective factors as linked to depressive symptoms among Mexican American immigrant adolescents. Submitted to *Journal of Adolescent Research*.

Arora, P.G., Stephan, S. H., Becker, K.D., Wissow, L. Identifying psychosocial treatments appropriate for use by pediatric primary care providers. Submitted to *Family, Systems, and Health*.

Arora, P.G., Nastasi, B., & Leff, S. Culture and school mental health: Implications for program development and evaluation. Submitted to *International Journal of School and Educational Psychology*.

In Progress

Arora, P.G., Connors, E., Blizzard, A., Pruitt, D., & Wissow, L. Pediatric primary care providers' decisions to enroll in and call a behavioral health consultation program: Results of a qualitative study. To be submitted to *Administration and Policy in Mental Health Services Research*.

Arora, P.G., Hodgkinson, S., & Godoy, L., Serving the underserved: Cultural considerations in behavioral health integration in pediatric primary care. To be submitted to *Clinical Practice in Pediatric Psychology*.

Stark, K. D., **Arora, P.G.**, Krumholz, L., & Jensen-Doss, A. Evaluation of cognitive behavioral therapy with and without parent training for the treatment of depressed girls. To be submitted to *Journal of Child and Adolescent Psychiatry*.

Student/Practitioner Oriented Publications

January, S.A., Gerber, N.W., & **Arora, P.G.** (2015). Reviewing Manuscripts for Publication. *The School Psychologist*, 69(34).

Gerber, N., **Arora, P.G.**, & Brown, J. (2015). Early Career Corner: Highlights from Convention 2015. *The School Psychologist*, 69(3).

Stein, R., Andretta, J., & **Arora, P.G.** (2015). Towards Structuring a Productive Summer: Tips for the Early Career Professional. *The School Psychologist*, 69(2).

Brown, J., **Arora, P.G.**, & Cooper, J. (2015) Addressing and Meeting the Needs of Division 16's Early Career Members. *The School Psychologist*, 69(1).

Arora, P.G., Sullivan, A., Cooper, J., & Brown, J. (2014) The APA 2014 Convention: An early career focus. *The School Psychologist*, 68(3).

Thompson, K. & **Arora, P.** (2014) Preparing for the EPPP as a school psychologists: Division 16's new workgroup. *The School Psychologist*, 68(2).

Arora, P. (2014) Focus on early career psychologists: Division 16's new workgroup. *The School Psychologist*, 68(1), 25-27.

Technical Reports Publications

Zachary, C., **Arora, P.**, Brown, J., Stephan, S., Crosby-Budinger, M., Coble, K.,...D., Wissow, L. (2013). Maryland Behavioral Health Integration in Pediatric Primary Care: Pilot Report.

Brown, J., Candelaria, M., Stephan, S., & **Arora, P.** (2012). Evaluation Plan for the Maryland Behavioral Health in Pediatric Primary Care Program. Washington, DC: Mathematica Policy Research.

Walkington, C., **Arora, P.**, Ihorn, S., Gordon, J., Walker, M., Abraham, L., & Marder, M. (2011). Development of the UTeach Observation Protocol: A Classroom Observation Instrument to Evaluate Mathematics and Science Teachers from the UTeach Preparation Program (UTeach Technical Report 2011-01). UTeach Natural Sciences, University of Texas at Austin.

Other Publications

Arora, P. & Coble, K. (2013). The Maryland Behavioral Health Integration in Pediatric Primary Care (B-HIPP) Program. InPsych Newsletter.

PROFESSIONAL PRESENTATIONS

Arora, P.G., Connors, E., Blizzard, A., Coble, K., Gloff, N., & Pruitt, D. (2016, August).

Dissemination and Implementation Science in Program Evaluation: A Case Example in Pediatric Primary Care. Poster to be presented at the American Psychological Association, Denver, Colorado.

Arora, P.G. (2016). Establishing teaching practices for early career faculty. In B. Harris (Chair), *Straight Talk about Faculty Careers: Perspectives from Early Career Trainers*. Symposium to be presented at the American Psychological Association, Denver, Colorado.

Arora, P.G. (Discussant). (2016). In J. Brown (Chair), *Developing a research agenda: Strategies for the early career professional*. Symposium to be conducted at the American Psychological Association, Denver, Colorado.

Arora, P.G. (Discussant). (2016). In C. Carlson (Chair), *Training School Psychologists for 21st Century Health Care*. Symposium to be conducted at the American Psychological Association, Denver, Colorado.

Arora, P.G. & Wheeler, L. (2016). Depressive Symptoms in Mexican-Origin Adolescents: Role of School and Family Contexts. Poster to be presented at the Society for Research on Adolescence, Baltimore, MD.

Wheeler, L. A., **Arora, P.G.** & Timberlake, E. (2016). Longitudinal Links between Mexican-Origin Adolescents' Contextual Stress and Health Problems. Poster to be presented at the Society for Research on Adolescence, Baltimore, MD.

Biscardi, K. A., Hill, A. H., Connors, E. H., & **Arora, P.G.** (2016). *The role of school mental health professionals' training, comfort, and attitudes toward interprofessional collaboration with pediatric primary care providers*. Poster session to be presented at the meeting of the Eastern Psychological Association, New York, NY.

Rao, A., **Arora, P.G.**, Coble, K., & Connors, K. (2016). *Effectiveness of an early childhood mental health training: a pilot study*. Poster to be presented at the annual meeting of the Eastern Psychological Association, New York, NY.

Wheeler, L. A., **Arora, P.G.** & Timberlake, E. (2016). Mexican-Origin Adolescents' Contextual Stress and Physical Health. Poster to be presented at the 20th Anniversary of Garcia Coll and colleagues' (1996) An Integrative Model for the Study of Developmental Competencies in Minority Children Meeting, Tempe, AZ.

Arora, P.G. & Rao, A. (2016). Development of a culturally-informed intervention for youth depression In B. Nastasi (Chair), *Cultural Construction of School Psychological Services: Research, Practice, and Training*. Symposium to be presented at National Association of School Psychologists, New Orleans, LA.

Levine, J., Goldstein, T., & **Arora, P.G.** (2016). *School psychologists' training, preparedness, and attitudes toward interprofessional collaboration*. Poster to be presented at National Association of School Psychologists, New Orleans, LA.

Connors, E., Sander, M., **Arora, P.G.**, Schmidt, K., George, M., & Wheatley-Rowe, D. (2015). *Practice - Research Partnerships to Support the Use of Evidence-Based Assessment in Schools*. Paper to be presented at the 20th Annual School Mental Health Conference, New Orleans, LA.

- Arora, P.G.**, Suchday, S., Saha, S., & Kapur, S. (2015) Psychosocial Symptoms and Risky Health Behavior among Adolescents in India. Poster presented at the International School Psychology Association, Sao Paulo, Brazil.
- Nastasi, B., **Arora, P.G.**, & Leff, S. (2015). Cultural Construction of School Mental Health Programming: A Rationale. In B. Nastasi & **P.G. Arora** (Co-Chairs), Cultural Construction of School Mental Health Programming: Illustrations from the Field. Symposium presented at the International School Psychology Association, Sao Paulo, Brazil.
- Diedrich, L., **Arora, P.G.**, Brown, J., Harris, B., & Sullivan, A. (2015). Recruiting and Retaining Early-Career Members in APA Divisions: Insights from Divisions 16 and 49. In Davis, E.B. & Okozi, I.F. (Co-Chairs), *Early-Career Membership in APA Divisions and in SPTAs: Taking Stock and Moving Forward*. Symposium presented at the American Psychological Association, Toronto, Canada.
- Arora, P.G.** (2015). Early Career Professionals and Grants. In **P.G. Arora** & N. Gelbar (Co-Chairs), *Developing Your Grant Proposal: Tips for Early Career Professionals*. Symposium to be presented at the American Psychological Association, Toronto, Canada.
- Arora, P.G.** (2015). The Maryland Behavioral Health Integration in Pediatric Primary Care Program. In A. Pidano & D. Tynan (Co-Chairs), *Sharing the Sandbox; What Can Psychologists Expect from Pediatricians*. Symposium presented at the American Psychological Association, Toronto, Canada.
- Baker, C.N., Brown, S., Wilcox, P.D., Overstreet, S., & **Arora, P.G.** (2015). The Trauma-Informed Care Belief Measure: Examining the Psychometrics of a Scale. In Overstreet, S. (Chair), *Translating Research on Trauma into Evidence-Based Practices: Creating Trauma Informed Schools*. Symposium presented at the American Psychological Association, Toronto, Canada.
- Wheeler, L. & **Arora, P.G.** (2015). Contextual stressors and protective factors as linked to depressive symptoms among Mexican American immigrant adolescents. Poster presented at the Society for the Research in Child Development, Philadelphia, PA. Selected for the Special Poster Session highlighting SRCD's Strategic Plan.
- Arora, P. G.**, Baker, C.N., Krumholz, LS., & Stark, K.D. (2015). *Components analysis of a school-based CBT intervention for depressed adolescents*. Paper presented at the National Association of School Psychologists Convention, Orlando, FL.
- Baker, C.N., Brown, S., Wilcox, P., Overstreet, S., **Arora, P.G.** (2015). *Measuring trauma informed care in schools: A psychometric study*. Paper presented at the National Association of School Psychologists Convention, Orlando, FL.
- Arora, P. G.**, Stephan, S.H., Becker, K. & Wissow, L. (2014). Incorporating psychosocial interventions in pediatric primary care. Paper presented at the Conference of the Science of Dissemination and Implementation, Bethesda, MD.
- Arora, P.G.**, Brown, J., & Harris, B., Sullivan, A., Fiorello, C., & Terjersen, M. (2014). Early career opportunities in Division 16: School Psychology. Poster session presented at the American Psychological Association, Washington DC.

- Connors, E., **Arora, P.**, Curtis, L., & Stephan, S.H. (2013). A Mixed-Methods Study of School Mental Health Providers' Perspectives on Outcome Assessment Tools. In Connors, E. (Chair), *Considerations for Dissemination and Implementation of Evidence-Based Practices and Assessment in School Settings*. Symposium presented for presentation at the Association of Behavioral and Cognitive Therapies, Nashville, TN.
- Arora, P.**, Stephan, S.H., Hershfeldt, P.A. & Alexander, A.L. (2013). Characteristics of University, School, and Community Partnerships: The Example of the MDS3 Initiative. In **P. Arora** & C. Baker (Co-Chairs), *Partnering to Implement Evidence-Based Practices: Illustrations from School Community Programs*. Symposium presented at the American Psychological Association, Honolulu, HI.
- Arora, P.**, Haak, J., & Stephan, S.H. (2013). School-Based Health Centers: An Assessment of Mental Health Practices and Needs. Poster session presented at the University of Maryland School of Medicine Department of Psychiatry Research Day.
- Connors, E., **Arora, P.**, Curtis, L., & Stephan, S.H. (2012). Barriers and Facilitators to Implementation of Clinical Assessment Methodology in School Mental Health Care. Poster session presented at the Association for Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group, National Harbor, Maryland.
- Curtis, L., Connors, E., **Arora, P.**, Stephan, S.H. (2012). The Use of Assessment in School Mental Health: Preliminary Analysis of Clinician's Perspectives. Poster session presented at the Conference on Advancing School Mental Health, Salt Lake City, Utah.
- Metz, K., **Arora, P.**, & Carlson, C. (2012, August). *South Asian American's Mental Health Beliefs: The Roles of Acculturation and Stigmatization*. Poster session presented at the American Psychology Association, Orlando, FL.
- Leff, S.S., Krumholz, L.K., & **Arora, P.** (2012, May). Measuring Community-Based Participatory Research Partnerships: The Development of an Assessment Instrument. In S. Leff (Chair), *Better understanding measure development through community-based participatory research: Three illustrations from throughout the process*. Symposium presented at the annual meeting of the Society for Prevention Research, Washington, DC.
- Arora, P.** (2012, May). Measuring Community-Based Participatory Research Partnerships. In **P. Arora** (Chair), *Using Qualitative and Participatory Research Methods to Better Understand Services and Health Outcomes*. Symposium presented at the annual Leadership Education in Neurodevelopmental Disabilities Research Meeting, Philadelphia, PA.
- Arora, P.**, Metz, K., & Carlson, C. (2012, May). *The under-utilization of psychological services within the South Asian American population and the role of perceived stigma*. Poster session presented at the Student Association of School Psychology and UT School Psychology Diversity Committee Conference, Austin, TX
- Arora, P.** (2012, May). Interdisciplinary training experiences in integrated health care. In O. Martinez (Chair), *Addressing Mental Health Care Disparities through Interdisciplinary*

Training in Integrated Health Care, Cultural Competence, and Family Systems.
Symposium presented at the American Psychiatric Association, Philadelphia, PA.

- Arora, P.**, Alvarez, K., Marroquin, Y., & Carlson, C. (2012, February). *Pediatric school psychology: An interdisciplinary training program.* Poster session presented at the National Association of School Psychology, Philadelphia, PA.
- Arora, P.**, Metz, K., & Carlson, C. (2012, February). *Perceived stigma and help-seeking behaviors in South Asian American youth.* Poster session presented at the National Association of School Psychology, Philadelphia, PA.
- Leff, S.S., Krumholz, L.S., & **Arora, P.** (2012, February). Measuring Relationships between Community Leaders and Academic Researchers: Development of a Measure. In S. Leff (Chair). *Developing Measures in Urban Settings Through Participatory Action Research.* Symposium presented at the National Association of School Psychology, Philadelphia, PA.
- Marroquin, Y., **Arora, P.**, Alvarez, K., & Carlson, C. (2012, February). *Multicultural issues in supervision: Review of the literature and recommendations.* Poster session presented at the National Association of School Psychology, Philadelphia, PA.
- Marroquin, Y., **Arora, P.**, Gray, J.S., Edwards, K.A., & Pont, S.J. (2010, November). *Impact of Ethnicity and SES on Health Locus of Control and Childhood Obesity Program Adherence.* Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies Annual Convention, San Francisco, CA.
- Arora, P.**, Marroquin, Y., J.S. Gray, Edwards, K.A., & Pont, S.J. (2010, August). *Stages of change: Adherence to a pediatric obesity intervention program.* Poster session presented at the annual conference of the American Psychological Association, San Diego, CA.
- Marroquin, Y., **Arora, P.**, J.S. Gray, Edwards, K.A., & Pont, S.J. (2010, August). *Health locus of control & childhood obesity intervention adherence.* Poster session presented at the annual conference of the American Psychological Association, San Diego, CA.
- Pont, S.J., **Arora, P.**, Gray, J.S., Marroquin, Y., & Edwards, K.A. (2010, May). *Impacting physical and mental health: Healthy Living, Happy Living, a multidisciplinary intervention for overweight children and their caregivers.* Poster session presented at the annual Pediatrics Academies Societies Meeting.
- Marroquin, Y., Alvarez, K., Pettit, S., & **Arora, P.** (2010, April). *Increasing parental involvement of Spanish speaking parents in their children's special education: A review of the literature.* Poster session presented at the annual Conference in Human Development.
- Arora, P.**, Marroquin, Y., Gray, J.S., Bluntzer, A., Supak, J.,...Pont, S.J. (2010, March). *Healthy Living, Happy Living: A family-based multidisciplinary childhood obesity intervention.* Poster session presented at the annual Center for Health Promotion Conference, Austin, TX.
- Arora, P.**, Krumholz, L.S., & Gray, J.S. (2009, November). *A Review of behavioral interventions for childhood obesity: Cultural considerations.* Poster session presented at the annual

conference of the Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.

Gray, J.S., **Arora, P.**, Krumholz, L.S., & Pont, S.J. (2009, November). *A multi-component intervention for overweight children and their caregivers: Impact on self-esteem, depression, and parenting stress*. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.

Krumholz, L.S., **Arora, P.**, Gray, J.S., & Stark, K.D. (2009, November). *Effect of group cognitive-behavioral therapy and parent training on family environment of depressed girls*. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.

Arora, P., Gerber, B., Gray, J.S., & Stark, K.D. (2009, August). *Cognitive-behavioral therapy for depression: Effects on academic competency*. Poster session presented at the annual conference of the American Psychological Association, Toronto, Canada.

Arora, P., Tharinger, D., Ihorn, S., Judd, L., & Wan, J. (2009, August). *Live parental observation of testing in therapeutic assessment with children*. Poster session presented at the annual conference of the American Psychological Association, Toronto, Canada.

Gerber, B., **Arora, P.**, Gray, J.S., & Stark, K.D. (2009, August). *Cognitive-behavioral therapy for depression: effects on social competency*. Poster session presented at the annual conference of the American Psychological Association, Toronto, Canada.

DiBiano, C., **Arora, P.**, Ihorn, S., Abraham, L., Walker, M., & Marder, M. (2009, July). *UTOP analysis of beginning math and science teachers: The first three years*. Poster session presented at Robert Noyce Scholarship Program PI Conference, Washington, DC.

Arora, P., Krumholz, L.S., Marroquin, Y., Gray, J.S., Edwards, K.A., & Pont, S.J. (2009, March). *Implementing Healthy Living, Happy Living, an after-school intervention for overweight/obese youth: Lessons learned*. Poster session presented at the Central Texas Clinical Research Forum, Austin, TX.

Arora, P., DiBiano, C., Abraham, L., Walker, M., & Marder, M. (2008, July). *Analyzing teacher quality: Development of a classroom observation protocol*. Poster session presented at Robert Noyce Scholarship Program PI Conference, Washington, DC.

Arora, P., DiBiano, C., Abraham, L., Walker, M., & Marder, M. (2007, July). *A preliminary examination of Noyce Scholars as teachers*. Symposium presented at the Robert Noyce Scholarship Program PI Conference, Washington, DC.

INVITED PRESENTATIONS

Arora, P.G., Nastasi, B., Naser, & Waltman (February, 2016). What Grants Can Do for You: Demystifying Training Grants in School Psychology. Workshop to be presented at the Trainers of School Psychology Conference, New Orleans, LA.

Arora, P.G. (February, 2016). Invited presentation for Lower East Side Preparatory Academy. What Students bring to the Classroom: Information for Educators. New York, NY.

- Arora, P.G.**, Connors, E., & Blizzard, A. (September, 2015). Invited presentation for the Maryland Behavioral Health Integration in Pediatric Primary Care Writing Club, Baltimore, MD.
- Arora, P.G.** (March, 2015). Invited presentation for Maryland Behavioral Health: Community Partnered School Behavioral Health. School Language and Policy. Baltimore, MD.
- Arora, P.** (March, 2014). Mental health screening in pediatric primary care. Presented at the Resident Training Seminar at the University of Maryland School of Medicine.
- Arora, P.** (February, 2013). Social emotional learning: The research base. Presented at the Association of Baltimore Area Grantmakers.
- Arora, P.** (January, 2013). Common elements in pediatric primary care: A pilot study. Presented at the Center for Mental Health Services in Pediatric Primary Care, Johns Hopkins University.
- Arora, P.** (November, 2012). Mental health screening in pediatric primary care. Presented at the Resident Training Seminar at the University of Maryland School of Medicine.
- Arora, P.** (April, 2012). Depression screening in pediatric primary care. Presented at the Resident Training Seminar at the Children's Hospital of Philadelphia.
- Arora, P.** (November, 2011). Mechanisms of change in cognitive behavioral therapy. Presented to the faculty at the Center for ADHD at Children's Hospital of Philadelphia.
- Arora, P.** (October, 2011). Mechanisms of change in cognitive behavioral therapy for depressed early adolescent females. Presented to the Department of Psychiatry and Behavioral Sciences at Children's Hospital of Philadelphia.

TEACHING AND SUPERVISORY EXPERIENCE

Pace University, New York, NY

- September 2015 – present **Ethics in Psychology PSY 696K**
Instructor
Responsibilities: Teach Master's psychology class related to ethics in psychology, with a focus on global health psychology.
- September 2015 – present **Family Interventions PSY 829**
Instructor
Responsibilities: Teach advanced doctoral students in theory and practice of family interventions with a focus on engaging systems in addressing the needs of youth in school and clinical settings.
- January 2015 – May 2015 **Introduction to School and Clinical Child Psychology PSY 502**
Instructor
Responsibilities: Co-teach introductory professional development course for incoming doctoral clinical child and school psychology students.

- Jan 2015-present **Cognitive Behavioral Therapy PSY 722**
Instructor
Responsibilities: Teach introductory course related to cognitive behavioral theory.
- Sept 2014-present **Cognitive Behavioral Therapy Advanced Practicum PSY 509A**
Instructor
Responsibilities: Teach advanced practicum course related to the delivery of evidence-based practices for youth and adolescents. Topics of focus include trauma-focused CBT, modular therapy, and EBA.
- Sept 2014-present **Cognitive Behavioral Therapy Practicum PSY 509A**
Instructor
Responsibilities: Teach practicum course related to the delivery of evidence-based practices for youth and adolescents, with a focus on case conceptualization and treatment planning. Areas of coverage include CBT for anxiety, depression, and behavioral disorders

University of Maryland School of Medicine, Baltimore, MD

- May 2013 – Aug 2014 **VA/MHCS/University of Maryland School of Medicine**
Psychology Internship Consortium
Child and Adolescent Mental Health Seminar Coordinator
Responsibilities: Develop seminar content and coordinate presenters for psychology interns related to child and adolescent mental health topics. Assist in evaluation of seminar and improvement based on input from psychology interns.
- Aug 2012-May 2014 **Cognitive Behavioral Therapy Seminar**
Co-Instructor
Supervisor: Sharon Stephan, Ph.D., Department of Psychiatry
Responsibilities: Teach seminar courses focused on cognitive-behavioral therapy and delivery of mental health services in primary care settings for psychiatry fellows.

Goucher College, Baltimore, MD

- Aug 2012-May 2013 **Advanced Directed Research: Writing Workshop (PSY 398),**
Psychology Distress & Disorders (PSY 271), & Health
Psychology (PSY 239)
Co-Instructor
Professor: Dara Friedman-Wheeler, Ph.D.
Responsibilities: Mentor students in conceptualizing, producing, and reviewing written work, with the goal of publishing their work. Assist in developing course and assessing progress of students. Lead several lectures on child and adolescent psychological disorders. Hold office hours for course students. Participate in campus mental health awareness initiative.

The University of Texas at Austin

Aug 2008-May 2011

**Cognitive Behavioral Assessment and Intervention
Practicum in Cognitive Behavioral Intervention**

Student Supervisor and Teaching Assistant (Graduate Course)

Professor: Kevin Stark, Ph.D.

Responsibilities: Provided individual and group supervision for 10 students with placements including outpatient psychiatric clinic and schools; received supervision from professor; reviewed students' case notes, audio-taped sessions, case conceptualizations, and treatment plans; provided oral feedback to students twice during academic year; assisted in course curriculum development.

Aug 2010-May 2011

**Interpersonal Intervention with Children and Adolescents
Practicum in Interpersonal Intervention**

Student Supervisor and Teaching Assistant (Graduate Course)

Professor: Deborah Tharinger, Ph.D.

Responsibilities: Provided individual supervision to four students with placements including an inpatient psychiatric hospital, a community mental health clinic, and schools; received supervision from professor; reviewed students' progress notes, case conceptualizations, and treatment plans; provided oral and written feedback to students twice during academic year.

Aug 2010-Dec 2010

Law, Ethics, and History of School Psychology

Teaching Assistant (Graduate Course)

Professor: Kevin Stark, Ph.D.

Responsibilities: Organized and prepared course materials and literature base; met with students on an as-needed basis.

Jan 2010-May 2010

Family Assessment and Intervention

Student Supervisor (Graduate Course)

Professor: Cindy Carlson, Ph.D., University of Texas at Austin

Responsibilities: Provided weekly individual supervision to one third-year graduate student conducting weekly family therapy sessions; provided live supervision from behind a one-way mirror for all family therapy sessions; received supervision from professor; provided written and oral feedback to student therapist after each weekly session and at the end of the course.

June 2009-Aug 2009

**Child and Adolescent Social and Cognitive Development
Teaching Assistant** (Graduate Course)

Professor: Cindy Carlson, Ph.D., University of Texas at Austin

Responsibilities: Assisted in course curriculum development; developed literature bank for course; graded and provided written feedback on exams and assignments.

Aug 2008-Aug 2009

Human Sexuality

Teaching Assistant (Undergraduate Course)

Professor: Lawrence Brownstein, Ph.D., University of Texas at Austin

Responsibilities: Graded papers and exams; assisted with test construction; met with students as needed; monitored progress of student grades and assignments.

Aug 2006-Dec 2006

Curriculum & Instruction

University Supervising Facilitator (Undergraduate Course)

Professor: Julie Jackson, Ph.D., University of Texas at Austin

Responsibilities: Provided individual supervision of ten apprentice teachers; observed instructional lessons; designed and led seminars for teachers.

INVITED LECTURES

Arora, P. Guest lecturer for Shobana Musti, Ph.D. Internalizing Disorders: Implications for Teachers. Educational Psychology. Pace University. Pleasantville, NY.

Arora, P. (November, 2014). Guest lecturer for Sonia Suchday, Ph.D. and Barbara Mowder, Ph.D. Cognitive Behavioral Therapy for Childhood Depression. Evidence-Based Treatments. Pace University. New York, NY.

Arora, P. (April, 2014). Guest lecturer for Nancy Lever, Ph.D. Child Health Psychology: Pediatric Pain Disorders. VA/MHCS/University of Maryland School of Medicine Psychology Internship Consortium Seminar. Baltimore, MD.

Arora, P. (November, 2013). Guest lecturer for Nancy Lever, Ph.D. Graduate Student and Postdoctoral Fellow Funding. VA/MHCS/University of Maryland School of Medicine Psychology Internship Consortium Seminar. Baltimore, MD.

Arora, P. (November, 2012). Guest lecturer for Dara Friedman-Wheeler, Ph.D. Childhood Psychological Disorders. Psychological Distress and Disorders, Goucher College, Baltimore, MD.

Arora, P. (March, 2011). Guest lecturer for Cindy Carlson, Ph.D. Solution-Focused Therapy. Graduate Psychology Education Program Grant Seminar, Seton Shoal Creek, Austin, TX.

Arora, P. (November, 2010). Guest lecturer for Kevin Stark, Ph.D. Behavioral Techniques: Exposures and Relaxation Training. Cognitive Behavioral Assessment and Intervention course at the University of Texas at Austin, Austin, TX.

Arora, P. (September, 2010). Guest lecturer for Kevin Stark, Ph.D. Cognitive Case Conceptualization: Case Examples. Cognitive Behavioral Assessment and Intervention course at the University of Texas at Austin, Austin, TX.

Arora, P. & Marroquin, Y. (July, 2010). Guest lecturer for Jane Gray, Ph.D. Treatment of Obesity. Evidenced-based Interventions seminar for the Texas Child Study Center, Austin, TX.

Arora, P. (March, 2010). Guest lecturer for Jane Gray, Ph.D. Ethnic Identity Development. Professional Issues, Law, and Ethics Seminar for the Texas Child Study Center, Austin, TX.

Arora, P. (February, 2010). Guest lecturer for Kevin D. Stark, Ph.D. Evidenced-based treatment of trichotillomania. Cognitive-Behavioral Assessment and Intervention course at the University of Texas at Austin, Austin, TX.

Arora, P. (November, 2009). Guest lecturer for Kevin D. Stark, Ph.D. Cognitive Conceptualizations. Cognitive-Behavioral Assessment and Intervention course at the University of Texas at Austin, Austin, TX.

Arora, P. (August, 2009). Guest lecturer for Cindy Carlson, Ph.D. Identity Development. Child and Adolescent Social and Cognitive Development course at the University of Texas at Austin, Austin, TX.

CLINICAL EXPERIENCE

University of Maryland, School of Medicine 1/2013-7/2015
Behavioral Health Integration in Pediatric Primary Care

Supervisor: Sharon Stephan, Ph.D.

Responsibilities: Engage in consultation related to mental health integration in pediatric primary care to primary care providers (including family practice physicians, pediatricians, nurse practitioners, and nurses) in primary care clinics and schools in Maryland. Develop consultation manuals to outline procedures for consultation. Engage in supervision and clinical case consultation.

University of Maryland Baltimore 8/2012-8/2014
School Mental Health Program

Supervisor: Sharon Stephan, Ph.D.

Responsibilities: Lead various evidence-based prevention and intervention groups; provide teacher consultation, school counselor training, crisis management services and individual treatment in an urban, underserved elementary and middle school in Baltimore, MD (School: Arundel Elementary/Middle School).

The Children's Hospital of Philadelphia 6/2011-7/2012
Predoctoral Clinical Internship

Training Director: Paul Robins, Ph.D.; Advisor: Stephen Soffer, Ph.D.

Primary Care Initiative

Supervisor: Paul Robins, Ph.D.

Responsibilities: Provide psychological consultation for underserved families referred by pediatricians for developmental and behavioral health concerns; train pediatrician residents in behavioral health screening and referral procedures.

Community-Based Intervention/Prevention

Supervisor: Stephen Leff, Ph.D.

Responsibilities: Conduct group-based cognitive behavioral manualized treatment designed to assist in prevention of aggression and bullying in community and school setting as part of an NIMH-funded study.

Children and Public Policy

Supervisor: Judith Silver, Ph.D.

Responsibilities: Engage in program and policy development with policy group to address access to mental health treatment in underserved schools and communities.

Sleep Disorders Clinic

Supervisors: Jodi Mindell, Ph.D., Melissa Moore, Ph.D.

Responsibilities: Assess and provide brief interventions for infants, children, and adolescents presenting with sleep difficulties as part of a multidisciplinary team; provide consultation to medical team; prepare evaluation reports.

ADHD Assessment Service

Supervisor: Stephen Soffer, Ph.D.

Responsibilities: Conduct evaluations for youth with behavioral, emotional, or learning concerns; write comprehensive reports; deliver feedback.

Oncology Assessment

Supervisor: Melissa Alderfer, Ph.D.

Responsibilities: Conduct neuropsychological evaluations for oncology patients currently undergoing treatment or long-term survivors who are experiencing cognitive late effects.

Amplified Musculoskeletal Pain Syndrome (AMPS) Treatment Program

Supervisor: Jennifer Sherker, Psy.D.

Responsibilities: Provide individual, group, and family intervention to child and adolescent patients with chronic pain conditions as a member of a multidisciplinary team.

Texas Child Study Center

CBT Practicum and Advanced Practicum

8/2008-5/2011

Supervisors: Kevin Stark, Ph.D., Jane S. Gray, Ph.D.,

Responsibilities: Conducted individual therapy, parent training, and family therapy; provided consultation and liaison services at children's hospital (Dell Children's Medical Center); provided consultation services at schools attended by clients; designed individualized treatment plans for clients based on ongoing case conceptualizations; monitored clients' progress; collaborated with psychiatrists; attended weekly seminars on advanced CBT and pediatric psychology.

Psychological Assessment Advanced Practicum

1/2009-5/2011

Supervisors: Ann Levine, Psy.D., Emily S. Greenspahn, Ph.D.,

Responsibilities: Conducted comprehensive assessments, including neuropsychological, personality, behavioral, and educational evaluations with children and adolescents; wrote comprehensive reports; delivered feedback.

Family Assessment and Intervention Practicum

1/2009-1/2010

Supervisor: Cindy Carlson, Ph.D.

Responsibilities: Conducted family therapy using structural and solution-focused family therapy approaches; supervision conducted with live supervision from supervisor behind a one-way mirror and via videotape review.

Austin State Hospital, Child and Adolescent Psychiatric Services 8/2009-7/2010

Interpersonal Intervention Practicum and Advanced Practicum

Supervisors: Deborah Tharinger, Ph.D., Elizabeth Minne, Ph.D.

Responsibilities: Provided individual therapy to acute psychiatric inpatients; co-facilitated process and cognitive-behavioral therapy groups with adolescents and children; provided

milieu therapy on child and adolescent inpatient units; conducted full psychological evaluations with new patients; consulted with hospital staff.

Family Assessment and Intervention Advanced Practicum 1/2009-1/2010

Supervisors: Cindy Carlson, Ph.D., Elizabeth Minne, Ph.D.

Responsibilities: Co-facilitated family therapy sessions using a solution-focused family therapy to prepare patients and families for discharge.

Dell Children's Medical Center

Neuropsychological Assessment and Intervention Practicum 1/2009-5/2009

Supervisor: Greg Allen, Ph.D.

Responsibilities: Conducted comprehensive neuropsychological assessments; wrote comprehensive reports; delivered feedback.

Del Valle Independent School District

School/Family Consultation and Intervention Practicum 1/2008-6/2008

Supervisors: Janay Sander, Ph.D., Lisa Lasiter, Ph.D.

Responsibilities: Provided consultation to teachers and parents; conducted psychoeducational and social/emotional evaluations for special education services; wrote comprehensive reports; delivered feedback.

Social-Emotional Assessment Practicum

8/2007-12/2007

Supervisors: Deborah Tharinger, Ph.D., Timothy Z. Keith, Ph.D.

Responsibilities: Conducted comprehensive psychoeducational, behavioral, and social-emotional assessments; wrote comprehensive reports; delivered feedback.

University-Based Clinic

Academic Assessment and Intervention Practicum

1/2007-5/2007

Supervisor: Janay Sander, Ph.D.

Responsibilities: Conducted comprehensive psychoeducational assessments; wrote comprehensive reports; delivered feedback.

Individual Intelligence Testing Practicum

8/2006-12/2006

Supervisor: Timothy Keith, Ph.D.

Responsibilities: Administered intelligence measures to assess children and adolescents; wrote assessment reports.

REVIEWER/EDITORIAL SERVICE

- Editorial Board, Psychology in the Schools, 2016
- Ad Hoc Reviewer, Psychology in the Schools, 2015
- Guest Editor for a Special Issue of International Journal of School and Educational Psychology (2016)
- Guest Editor for a Special Issue of Advances in School Mental Health Promotion (2015)
- Reviewer, Couple and Family Psychology: Research and Practice, 2015
- Reviewer, Translational Issues in Psychological Science, 2014
- Reviewer, School Mental Health, 2012
- Reviewer, Advances for School Mental Promotion, 2012
- Ad Hoc Reviewer, International Journal of School and Educational Psychology, 2015

- Ad Hoc Reviewer, Administration and Policy in Mental Health and Mental Health Services, 2012
- Ad Hoc Reviewer, Journal of School Health, 2012
- Ad Hoc Reviewer, School Psychology Review, 2012
- Ad Hoc Reviewer, Behavioral Sleep Medicine, 2011
- Ad Hoc Reviewer, The Journal of Pediatric Psychology, 2011
- Editor, Intersections Women's and Gender Studies in Review Across Disciplines, The University of Texas at Austin, 2008-2010

PROFESSIONAL AND VOLUNTEER EXPERIENCE

NATIONAL

- Member, APA Board of Educational Affairs, Health Service Providers Integration of Science and Practice Task Force, 2015-2016
- APA Division 16, Secretary 2016-2018
- Planning Committee, School Psychology Research Collaboration Conference 2017
- Member, Translation of Science to Practice Working Group, Division 16 APA, 2015 - present
- Chair, Evidence-Based Assessment Subcommittee, Quality and Evidence-based Practice Workgroup, National Community of Practice on School Behavioral Health, 2014 - present
- Chair, Early Career Psychologists Work Group, Division 16 APA, 2013 - present
- Paul E. Henkin Travel Scholarship Selection Committee, Division 16 American Psychology Association, 2013, 2014
- Mentor, Diversity Mentorship Program, Division 16 American Psychological Association, 2012 – present
- Member, Quality and Evidence-based Practice Workgroup, National Community of Practice on School Behavioral Health, 2012 - present
- Graduate Student Mentor, Graduate Mentorship Program, Division 53 American Psychological Association, 2011 - 2013
- Elected Fellow Representative, Leadership Education in Neurodevelopmental and Related Disabilities, 2011-2012
- Committee Representative, Multicultural Development Committee, Department of Educational Psychology, The University of Texas at Austin, 2010-2011
- Elected Student Representative, School Psychology Program, 2010- 2011

INSTITUTIONAL/LOCAL

- Pace University, Department of Psychology, Social Justice Group (2015 – present)
- Pace University, Department of Psychology, Doctoral Program, Comprehensive Exams Committee (2014 – present)
- Pace University, Department of Psychology, Doctoral Program, Clinical Committee (2014 – present)
- Pace University, Department of Psychology, Doctoral Program, Admissions Committee (2014 – present)
- Pace University, Department of Psychology, Doctoral Program, Program Committee (2014 – present)
- Pace University, Department of Psychology, Diversity Committee (2014 – present)
- New York City, School Psychology Consortium Meeting (2014 – present)

- University of Maryland, School of Medicine, Co-Chair, Writers Task Force (2012-2014)
- VAMHCS/University of Maryland Psychology Internship Consortium, Early Career Panelist (2013-2014)

PROFESSIONAL AFFILIATIONS

American Psychological Association, Member (2006 – present)
 American Psychological Association, Division 16 (2012 – present)
 American Psychological Association, Division 37 (2014 – present)
 Association for Behavioral and Cognitive Therapies, Member (2009 – present)
 Association for Behavioral and Cognitive Therapies, Dissemination and Implementation Special Interest Group, Member (2014 – present)
 National Association of School Psychologists, Member (2010 – present)
 International School Psychology, Member (2014 – present)

LANGUAGES

French (fluent), Hindi (conversational), Punjabi (basic)

ADDITIONAL TRAINING

- Advanced Training Institute, Research Methods with Diverse Racial and Ethnic Groups, American Psychological Association, June 2014.
- Scientific Leadership and Professional Development Series for Basic Science and Translational Researchers, Research Career Development Program, University of Maryland, School of Medicine 2013-2-14.
- Community Engagement Core of the Johns Hopkins University, Institute for Clinical and Translational Research training series, 2013-2014.
- Qualitative and Mixed Methods Workshop. Conducted by Dr. Fran Barg, Ph.D., January 2012.
- Attachment-Based Family Therapy. Conducted by Guy Diamond, Ph.D., October 2011.
- Motivational Interviewing. Conducted by Cathy Cole, LCSW, December 2009.
- Trauma-Focused CBT. Web-based learning course from Medical University of South Carolina, March 2008.

REFERENCES

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