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Pilot Test of a Cross-System Intervention Managing Overweight and Obesity for Young Children

**Mentor: Susan Sheridan, University of Nebraska-Lincoln**

One in four children, 2-5 years, is overweight or obese and the effects negatively influence all aspects of their development throughout childhood and beyond. Pediatric school psychologists are uniquely well-positioned to address this critical health issue given their skills and knowledge of assessment, child functioning and integrated intervention models. This study will evaluate the potential feasibility and efficacy of a cross-systemic integrated approach (conjoint behavioral consultation, CBC) implemented by pediatric school psychologists for managing overweight and obesity in young children.

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